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A YEAR OF TRANSFORMATION

THE SIGADVISOR

Embracing Growth in 2024

As we enter 2024, we welcome fresh beginnings and exciting possibilities. For us at Spada Law, this year marks a significant chapter in our journey -a time for transformation, growth, and blessings we are thrilled to share.

Over the past five years, Spada Law has evolved from a 6-person team into a group of 12, with expectations of expanding to a team of 14 or 15 very soon. While this growth is undoubtedly a blessing, it has brought forth a unique set of challenges.

Our current workspace, which has been our home for 25 years, is just too small. Our rapid growth has us sitting on top of each other, and I fear that if we bring on one more team member. I'll have to stick them in a corner with a milk carton for a desk. It's a fantastic problem, but it compelled us to seek a solution that would accommodate our growing family.

I spent the better half of last year trying to find a new space that could meet our expanding needs, and I located a 5,000-square-foot lease across the street. It seemed to be the perfect fit, and we even had plans for a complete renovation. However, lease negotiations broke down

at the last minute, and the deal eventually fell through. In hindsight, it felt like a blessing in disguise - something didn't feel right, and I am a big believer that things happen for a reason.

After tons of searching, I began toying with the idea of moving our office out of Chelsea. Massachusetts, but that just didn't feel right either - our roots are here. Then, a last-minute opportunity fell into our laps. A fellow attorney in our current building was downsizing and offered to lease us their newly renovated office space. The universe seemed to align perfectly, and this opportunity will allow us

to operate seamlessly from our current and additional spaces in the same building.

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Ariana Lagos

Karen Sanchez

A Transformative Read

'The Little Big Things' by Tom Peters

In business literature, certain books emerge not just as good reads but as experiences that can alter your perspective. "The Little Big Things: 163 Ways to Pursue Excellence" by Tom Peters is undeniably one of the best reads on how to view and navigate the intricacies of the business world. It also has some great advice on living your best life in areas other than business, so I recommend it to all.

Written by management guru Tom Peters, this book packs 163 different and impactful ways to pursue excellence in every aspect of business, leadership, and life. Peters, renowned for his

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groundbreaking management theories, takes readers on a journey that goes beyond conventional business wisdom.

One of the standout features of "The Little Big Things" is its emphasis on the seemingly trivial elements that shape the culture and success of a business. Peters argues that excellence is not found in grand gestures but in the minutiae - the little things that, when executed with passion and precision. lead to extraordinary results.

Each of the 163 insights presented in the book is a nugget of actionable advice that challenges

conventional thinking and prompts readers to reconsider their approach to leadership, management, and innovation. Peters advocates for a mindset shift, encouraging leaders to focus on the finer details that often go unnoticed but collectively define a culture of excellence.

His engaging writing style, peppered with anecdotes and real-world examples, brings these principles to life. "The Little Big Things" is not a conventional management manual - it's a dynamic, thoughtprovoking tool that sparks creativity and encourages a fresh outlook on the topic of leadership. And since we all are leaders in some aspects of our life, I highly recommend it!

Have A Legal Question **PARTNERING FOR RES**

At Spada Law, we specialize and focus exclusively on personal injury cases; however, we have maintained great relationships with trusted lawyers in other niches and areas of law. Any time our clients need assistance, advice, or representation in different fields of law, whether it's family law, employment, real estate, or another area, we can refer you to a trusted partner to ensure you are in good hands.

Recently, a former client of Spada Law reached out to us with a legal issue involving her employment. While employed at a painting company, our client was subjected to sexual harassment. The CEO failed to address the reported issue and address her resulting emotional distress. To make matters worse, our client was retaliated against for reporting the harassment to the point where she was forced out of her job.

> We immediately identified that she had a potential employment law case and because we only handle personal injury matters, we connected her with a trusted colleague

Review of the Month



"When it comes to car accident cases. Spada Law Group is the best in the business. Their team is incredibly responsive and attentive to every detail. They treated me like family, providing the support and guidance I needed to navigate the legal complexities."

– Jessie

*** We Should Be Your First Call** Sults beyond personal injury

who ONLY handles employment cases. We were thrilled to hear that this client got the justice she deserved and was awarded \$335,000 against her former employer. She can now begin the journey

of rebuilding her career with the financial resources she was wrongfully denied.

This is just one example of how, even though we don't do employment work, we served our client well by getting her into the hands of an experienced, aggressive, and knowledgeable employment attorney. We have assisted other clients in getting connected with other professionals for divorce, real estate, medical malpractice, sexual abuse, out-of-state accidents, and other cases.

If you or a loved one ever have questions involving an area out of our expertise, start with us! We will place you into the capable hands of a trusted and knowledgeable attorney who can guide you in the right direction to ensure a favorable outcome!



... continued from Cover

Keep your fingers crossed! As I write this, the deal is on the verge of being finalized, and I don't want to have to get a big, red "transaction canceled" stamp to place on the front of this newsletter. The combined 5,000 square feet of office space will provide enough room for our growing team and offer an environment conducive to continued expansion and, most importantly, better service to our clients and community.

If all goes as planned, there will be no need to update your GPS; we'll still be right here, ready to serve you with the same dedication and passion. We extend our warmest wishes for a happy New Year. May it be a year of continued success, happiness, and good health!

-Len Spada



Creamy Vegan Mushroom Soup

Inspired by Simple-Veganista.com

INGREDIENTS

- 1 large onion, diced
- 4 cloves garlic, minced
- 2 lbs mushrooms (cremini or button), sliced
- 1/2 cup vegan dry white wine (optional)
- 1 tbsp fresh thyme
- 4 cups vegetable broth
- 1 14-oz can coconut milk (light or full fat)
- 3 tbsp cornstarch, plus 1/4 cup water
- 1/4 cup chopped parsley
- Salt and pepper, to taste

DIRECTIONS

- In a large pot, heat oil over medium heat. Add onions and garlic and sauté for 5 minutes. Add the mushrooms, wine (if desired), and thyme and cook for 5 minutes.
- 2. Add the broth and bring to a boil. Once boiling, cover, reduce heat, and simmer for 10 minutes. Stir in the coconut milk and continue cooking for another 5 minutes.
- Mix cornstarch with water and add to soup. Stir frequently for 1-2 minutes until soup thickens to desired consistency.
- 4. Remove from heat and stir in the parsley. Season with salt and pepper and enjoy!







What Did Mayans Consider to Be 'Model' Looks?



Beauty and fashion trends come and go throughout the years, and some even make a comeback. The ancient Mayans also sought to be beautiful, but their practices were different compared to modern standards. Let's take a look at what beauty meant to the Mayans.

- Mayans shaped and filed their teeth to sharp points and drilled holes through the center of their teeth to insert gems.
- Mayans carved into the skin to create 3D tattoos.

- Mayan families bound the heads of their infant children between two boards while the skull was growing to achieve a long and narrow cranial structure, resembling their most prized crop, corn.
- Mayans attempted to create crossed eyes because they considered them beautiful. They put a band around the heads of children with a bead suspended right in front of their eyes until the children were permanently cross-eyed.
- Mayans added specially designed artificial nose bridges that were often multicolored and decorated with gems to achieve larger noses, which emulated their avian gods.

Beauty is influenced by cultural values, and the Mayans invested a lot of time, energy, and creativity to achieve their vision of beauty, even if that vastly differs from today's standards.