THE SEGADVISOR

MAY 2025

I Proudly Wear the "Ambulance Chaser" Badge

Yes. I am an ambulance chaser.

That's right. I said it. It's not a typo. It's the title of this article, and it's also a badge I wear with pride ... but I didn't always.

I've been practicing law since 1991, and since 1998, I've dedicated my career exclusively to personal injury law. In those 25-plus years, I've lost count of how often I've heard myself or my entire profession labeled as "ambulance chasers." If I had a dollar for every time I heard it, I could have retired years ago (but don't worry — I never would; I love this work too much).

Early on in my career, the label irritated me. I held (and still hold) deep beliefs about the importance of my work. So, yes, when someone threw around the "ambulance chaser" insult, it pissed me off. I'd jump in to defend myself, my team, and my profession with all the passion I could muster.

But these days, I don't bother correcting anyone. In fact, I lean into it. I love it.

I'm a proud ambulance chaser, and I will be until my last breath because if chasing an ambulance means showing up for someone who's been seriously hurt, fighting insurance companies who would rather protect their bottom lines than do what's right, and holding

powerful entities accountable when they cut corners and endanger the rest of us, then yes, sign me up — every time.

You might not realize it, but personal injury lawyers played a key role in some of the most important public safety advancements we enjoy today.



If you get into a serious car crash and your gas tank doesn't explode on you, you're welcome. That's because lawyers took on auto manufacturers and demanded change. Do you appreciate all those crash-avoidance features in your car? That didn't happen because car companies wanted to spend more money out of the goodness of their hearts. It happened because lawyers forced their hand. Are you glad we no longer breathe asbestos on a regular basis? Yup, again, because lawyers fought like hell.

If you or a loved one has been injured due to someone else's negligence, we're here to help.
While we hope you never need us — especially for your children's sake — we're committed to fighting for the compensation you deserve. Contact us today for a consultation, and let us protect your rights.

In any profession, a small minority tarnishes the reputation of the majority. We don't file frivolous lawsuits or seek publicity. Instead, we are committed to pursuing justice for real people who have suffered genuine injuries.

Ironically, the people who joke about "ambulance chasers" are often the very same people who call me when something goes wrong in their own lives. And when they do, I pick up the phone. I help them. That's what we do.

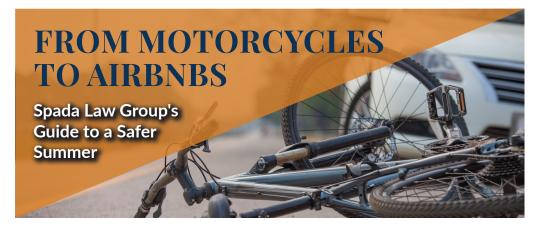
So the next time you hear someone toss out that tired phrase, just smile and remember this: We don't just chase the ambulance — we catch it. And we fight like hell for the person inside.

And yes, I have a hat that says "Ambulance Chaser" — a colleague gave it to me, and I wear it proudly.

Because I know the truth.

And now, hopefully, so do you.

-Len Spada



As warmer weather welcomes more outdoor activities, it's important to prioritize safety. Let's look at four seasonal reminders from Spada Law Group, born from over 30 years of personal injury expertise, to help you stay safe this season.

HOMEOWNER TIPS

With the increase in outdoor activities, ensuring your homeowner's or renter's insurance covers injuries potentially caused by your pet is vital. If you own a dog, verify that your insurance policy covers any injuries your dog might cause. This is a small precaution that can prevent significant financial and legal headaches.

MOTORCYCLE SAFETY

For motorcyclists, now is the time to review your insurance coverage. Make sure your policy includes at least \$100,000 in uninsured motorist coverage. This coverage is relatively inexpensive and crucial for protecting yourself against drivers who lack sufficient insurance. As the roads clear of winter's debris, including salt and plowing

remnants, motorcyclists should be cautious of the less-maintained edges of the road, which can accumulate hazardous materials.

AIRBNB ADVICE

If you plan to stay in an Airbnb, remember to document any conditions that could pose a safety risk. Photograph any defects or dangerous conditions immediately upon arrival, as you may not have another opportunity to capture this evidence should an injury occur.

CYCLISTS AND JOGGERS

Visibility and awareness are key for cyclists and joggers, especially in the early days of warmer seasons. Drivers may not be used to seeing joggers and cyclists after the colder months. If possible, hold off on biking until after the streets have been thoroughly cleaned in the spring.

Remember, we are focused on keeping you safe from common seasonal hazards. Here's to an amazing summer!

MIND-BENDING MAMA

Guinness Names World's Most Productive Mother

You may have heard of Octomom, the California mother of 14 who gave birth to octuplets, or the woman in Morocco who gave birth to nonuplets in 2021, all nine of whom are alive and well.

These record-breaking moms have nothing on Mrs. Feodor Vassilyev.

According to the Guinness Book of World Records, the 18th-century Russian woman gave birth to 69 children — including 16 pairs of twins, seven sets of triplets, and four sets of quadruplets!

Even the Guinness editors admit the story seems unlikely, but they cite "numerous contemporaneous sources" to back the story. The first was a monastery in the town of Nikolsk, northeast of Moscow, where monks recorded and reported the births to Moscow officials in 1782.

The Lancet, a respected medical journal, recounted in 1878 an account by French researchers from the "Statistical Works of Russia," showing that Mrs. Vassilyev's husband had spawned 87 children by two wives. Separately, The Gentleman's Magazine, an 18th and 19th-century English periodical, published a report by a writer claiming to have an original

letter, dated 1782, saying that O.S. Feodor Wassilief (sic), age 75, had 69 children via 27 births by his first wife and 18 children via eight births by his second wife, for a total of 87 offspring! Citing information from an English merchant in St. Petersburg, the writer said 84 of the children had survived, and the father had been invited to meet the empress, Catherine the Great.

The first Mrs. Vassilyev's remarkable record suggests that she was pregnant for 243 months, or more than 20 years, of her life — more than half the average life expectancy of Russian women in that era!

ON VACATION AND INJURED?

Spada Law Group Can Help

Dealing with an injury can be distressing, especially when it happens away from home. At Spada Law Group, we specialize in representing individuals injured out-of-state and understand the complexities and jurisdictional nuances involved. Whether you're on vacation, visiting family, or on a business trip, we're here to help you navigate these challenging circumstances.

CASE SNAPSHOTS FROM SPADA LAW GROUP.

Skiing accident in New Hampshire: We are currently representing a skier injured by a reckless snowboarder, highlighting the risks involved in winter sports, particularly when negligence is present.

Tragic loss in Maine: We are handling a heartbreaking case involving a mother who lost her daughter in a car accident, proving the devastating impact of motor vehicle accidents.

Uber accident in North

Carolina: We are representing a mother visiting her son in the military who was injured in an Uber accident, illustrating the risks associated with ridesharing services.

Airbnb incident in Ohio: We are advocating for a woman injured at an Airbnb — a reminder of the potential hazards in temporary rental properties.

Serious car accident in Missouri: We are assisting a woman severely injured in a car crash, emphasizing the critical nature of road safety and legal protection across state lines.

IMPORTANT STEPS IF INJURED OUT-OF-STATE.

Seek medical attention: Your health is the priority. Ensure you receive the necessary medical care immediately.

Document everything:

Thorough documentation is key: document medical records, accident scenes, and any communication with involved parties.

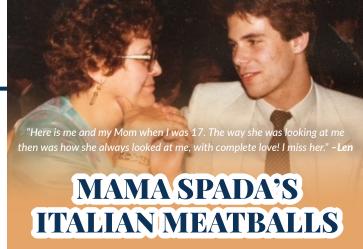
Notify relevant parties:

Depending on the cause of the accident, you may need to notify local authorities, rental companies, or insurance providers.

Contact Spada Law Group: We have extensive experience with out-of-state injury cases. Contacting us as soon as possible ensures we can provide the guidance and representation you need.

Consult with us early: Early legal intervention can help manage the complexities of jurisdictional laws and maximize your potential for the best outcome possible.

At Spada Law Group, we handle cases involving injuries that occur out of state. If you find yourself in such a situation this summer or at any other time, do not hesitate to contact us. We are dedicated to seeking justice for our clients. Contact us directly for a consultation, and let us help you through this challenging time.



Inspired By AllRecipes.com

In honor of Len's mom on Mother's Day, check out this incredible Italian meatball recipe — one of her favorites!

INGREDIENTS

- 1/3 cup plain bread crumbs
- 1/2 cup milk or beef broth
- 2 tbsp olive oil
- 1 onion, diced
- 1 lb ground beef
- 1 lb ground pork
- 2 large eggs
- 2 tbsp grated Parmesan cheese

- 1/4 bunch fresh parsley, chopped
- 3 cloves garlic, crushed
- 2 tsp salt
- 1 tsp ground black pepper
- 1 tsp dried Italian herb seasoning
- 1/2 tsp red pepper flakes

DIRECTIONS

- 1. Cover a baking sheet with foil and spray lightly with cooking spray. Soak bread crumbs in milk or broth for 20 minutes in a small bowl.
- 2. Heat olive oil in a skillet over medium heat. Add onion; cook and stir until onion has softened and turned translucent, about 5 minutes. Reduce heat to low and continue cooking and stirring until onion is very tender, about 15 more minutes.
- 3. Gently stir beef and pork together in a large bowl.
- 4. Add onions, bread crumb mixture, eggs,
 Parmesan cheese, parsley, garlic, salt, black
 pepper, Italian herb seasoning, and red pepper
 flakes; mix using a rubber spatula until combined.
 Cover and refrigerate for about one hour.
- 5. Preheat the oven to 425 F.
- 6. Form into balls about 1 1/2 inches in diameter; arrange in a single layer on the prepared baking sheet.
- 7. Bake in the preheated oven until browned and cooked, 15–20 minutes.
- 8. Serve with your favorite tomato sauce. Enjoy!



SPADALAWGROUP.COM 617.889.5000

Super Lawyers

111 Everett Ave., #1F Chelsea, MA 02150

PRSRT STD US POSTAGE PAID BOISE, ID PERMIT 411









- 'Ambulance Chaser' and Proud
- Stay Safe in Your Summer Adventures **Record-Breaking Russian Mom Gives** Birth to 69 Children
- Spada Law Group Fights for You After an Out-of-State Accident Mama Spada's Italian Meatballs
- Mother's Day Breakfast Ideas to **Wow Mom**





Scan to follow us on social media!

The Ultimate Mother's Day Breakfast Plan

TREAT MOM TO A MAGICAL MORNING

We should all show appreciation for the moms in our lives year-round, but Mother's Day is the perfect opportunity to do something extra special. For many busy moms, a relaxing, stress-free breakfast in bed is the ultimate treat. But Mother's Day breakfast doesn't have to be an over-the-top display or super complicated to prepare. A little planning, a few thoughtful details, and helping hands make all the difference.

START WITH A MENU SHE'LL LOVE.

Mother's Day breakfast in bed should be simple but meaningful. Breakfast gotos like pancakes and French toast are delicious and easy to make, and you can add a parfait or fresh fruit and a cup of freshly squeezed juice for a special touch. If she loves eggs and toast, go in that direction. Preparing Mom's favorite dish or incorporating ingredients that remind her of a family tradition can take the meal to the next level.

PRESENT IT BEAUTIFULLY.

You can elevate even a simple breakfast with a few thoughtful additions. Ditch the disposables and use real plates, silverware, and linen napkins. Deliver the breakfast with care on a lovely tray accompanied by a small vase of flowers. Keep everything organized neatly, and include a handwritten card or note to add a heartfelt message to the meal.

MAKE IT A TEAM EFFORT.

Get the whole family involved — minus Mom, of course! Even young kids can pitch in by spreading butter, arranging fruit, or folding napkins. Older kids can help out more with the actual cooking. To make Mother's Day morning stress-free for everyone, do prep work the night before. Chop fruit, prepare the coffeemaker, and premix the pancake batter. And don't forget the cleanup. Working as a team to wash dishes and put things away will ensure a dirty kitchen doesn't ruin Mom's special day when she gets up.

Remember, you don't have to prepare the perfect meal to make Mother's Day memorable. It's all about showing your love and appreciation. The holiday is an opportunity to bring the entire family together to create a special moment for the most important woman in your life.